



Thrust Nylon Plates

| Plate size | Plate length in mm | Wheelbase in mm | Toe length* in mm | Heel length** in mm | Plate length in inches | Wheelbase in inches | Plate weight each / pair in ounces | Plate assembly weight*** each / pair in ounces |
|------------|-----------------------|--------------------|----------------------|------------------------|---------------------------|------------------------|--|--|
| 000 | 163 | 84 | 51 | 28 | 6 7/16 | 3 5/16 | 2.08 / 4.16 | 9.76 / 19.52 |
| 00 | 173 | 94 | 51 | 28 | 6 13/16 | 3 3/4 | 2.24 / 4.48 | 9.92 / 19.84 |
| 0 | 187 | 107 | 52 | 28 | 7 3/8 | 4 3/16 | 2.40 / 4.80 | 10.08 / 20.16 |
| 1 | 206 | 107 | 66 | 33 | 8 1/8 | 4 3/16 | 3.36 / 6.72 | 14.24 / 28.48 |
| 2 | 216 | 116 | 67 | 33 | 8 1/2 | 4 9/16 | 3.52 / 7.04 | 14.40 / 28.80 |
| 3 | 226 | 126 | 67 | 33 | 8 7/8 | 5 | 3.68 / 7.36 | 14.56 / 29.12 |
| 4 | 236 | 136 | 67 | 33 | 9 5/16 | 5 3/8 | 4.00 / 8.00 | 14.88 / 29.76 |
| 5 | 249 | 149 | 67 | 33 | 9 13/16 | 5 7/8 | 4.48 / 8.96 | 15.36 / 30.72 |
| 6 | 258 | 158 | 67 | 33 | 10 1/8 | 6 1/4 | 4.64 / 9.28 | 15.52 / 31.04 |
| 7 | 268 | 168 | 67 | 33 | 10 9/16 | 6 5/8 | 4.80 / 9.60 | 15.68 / 31.36 |
| 8 | 278 | 178 | 67 | 33 | 10 15/16 | 7 | 4.88 / 9.76 | 15.76 / 31.52 |
| 9 | 288 | 188 | 67 | 33 | 11 5/16 | 7 3/8 | 5.12 / 10.24 | 16.00 / 32.00 |
| 10 | 300 | 200 | 67 | 33 | 11 13/16 | 7 7/8 | 5.60 / 11.20 | 16.48 / 32.96 |

*Toe length is distance from center of front axle to front end of plate

**Heel length is distance from center of back axle to back end of plate

***Plate assembly includes king pins, trucks, cushions, retainers, lock nuts